

POLICY ON CONTINUING COMPETENCIES¹

POLICY

Midwives must successfully complete courses approved by the College of Midwives of BC (CMBC) to prove continuing competency in Cardiopulmonary Resuscitation (CPR), Emergency Skills (ES), Fetal Health Surveillance (FHS) and Neonatal Resuscitation (NRP). Proof of successful completion of continuing competencies for registered midwives must be submitted to CMBC as required prior to registration renewal. While midwives are not required to maintain currency in continuing competencies while non-practicing, they are required to obtain currency prior to return to general, temporary and/or conditional registration.

The Quality Assurance Committee reviews and approves each course listed for the continuing competencies. Midwives who wish to complete courses that are not listed **must seek pre-approval** from CMBC to do so.

CPR Requirements

| | |
|-----------------------------------|--|
| <i>Completion Required</i> | Every two years. |
| <i>Minimum Required Standard:</i> | <p>The Heart and Stroke Foundation of Canada, Basic Life Support – BLS Provider (formerly known as Basic Life Support for Healthcare Providers (BLS for HCP)) which covers the following core areas for CPR and emergency cardiac care:</p> <ul style="list-style-type: none"> • adult cardiopulmonary resuscitation • pediatric cardiopulmonary resuscitation • two-rescuer scenarios • use of bag valve mask • management of foreign-body airway obstruction • use of Automated External Defibrillator (AED) |
| <i>Approved Courses:</i> | <ul style="list-style-type: none"> • Heart and Stroke Foundation of Canada: BLS Provider (formerly known as BLS for Healthcare Providers) • Canadian Red Cross: BLS and CPR/AED Level HCP • St. John Ambulance: CPR HCP • St. Mark James Training (Vancouver First Aid and Victoria First Aid): CPR HCP • Lifesaving Society: CPR Healthcare Provider • Primary Response: CPR-C Health Care Provider (HCP) • American Heart Association: BLS <p>All courses taken must be delivered by certified instructors and must be delivered at a level equivalent to the Heart & Stroke Foundation Basic Life Support – BLS Provider standards & guidelines.</p> |

¹ Replaces and represents a consolidation of the following four policies: *Policy on Continuing Competency in Emergency Skills*, *Policy on Continuing Competency in Cardiopulmonary Resuscitation*, *Policy on Continuing Competency in Neonatal Resuscitation* and *Policy on Cessation of Practice Requirements for Continuing Competencies*.

| | |
|--|---|
| <i>Instructor Recertification Requirements</i> | Where a midwife is a CPR instructor, the midwife will be considered to have met the requirement when evidence is provided of: <ul style="list-style-type: none"> a) Current CPR instructor status; and b) Having taught at least one approved CPR course in the previous twenty-four months |
|--|---|

Emergency Skills Requirements

| | |
|--|--|
| <i>Completion Required:</i> | Every two years. |
| <i>Minimum Required Standard:</i> | The required standard of performance is successful completion of a full-day course or assessment that covers emergency management in the following areas: <ul style="list-style-type: none"> • postpartum hemorrhage • shoulder dystocia • cord prolapse • undiagnosed breech • undiagnosed twins • fetal well-being |
| <i>Approved Courses:</i> | <ul style="list-style-type: none"> • UBC CPD (Continuing Professional Development): Midwives Emergency Skills Program (MESP) • Association of Ontario Midwives: Emergency Skills Workshop (ESW) • Midwives Association of Manitoba: Emergency Skills for Midwives Course • Association of Alberta Midwives: Emergency Skills Workshop (ESW) • Nunavut Emergency Skills for Midwives course • UBC Division of Midwifery, or a CMBC recognized Canadian Midwifery Education/Bridging Programme administered Emergency Skills course • Society of Obstetricians and Gynecologists of Canada: Advances in Labour and Risk Management (ALARM) Managing Obstetrical Risk Efficiently (MOREOB)² • Any course accepted by CMBC's Quality Assurance (QA) Committee as equivalent |
| <i>Instructor Recertification Requirements</i> | Where a midwife is a certified instructor in any of the above programs, the continuing competency requirement is met when evidence is provided of: |

² To qualify for emergency skills recertification, verification of currency through the MORE^{OB} program is needed by providing a copy of your participant online Log Book Report detailing specific logged in **chapters and activities** for the previous two years in the six emergency areas noted above. Acceptable proof of successful completion will be recorded in the Log Book Report by a Core Team Member of MORE^{OB} which may include; an ACE (Action to Consolidate Education) completed in the six emergency areas, a combined Workshop and ACE completed in the six emergency areas; or Emergency Drills in the six emergency areas. Please note that skills drills completed by the participant in the six emergency areas **must** be verified by a letter from a Core Team Member. A midwife who is a Core Team Member must provide separate verification from another Core Team Member that she has successfully completed the ACE in the six emergency areas.

| | |
|--|--|
| | <p>a) a current instructor certificate for one of the accepted courses; and</p> <p>b) evidence of having instructed or examined in each of the six emergency areas outlined above in the previous 24 months.</p> |
|--|--|

Fetal Health Surveillance Requirements

| | |
|--|--|
| <i>Completion Required:</i> | Every two years |
| <i>Minimum Required Standard:</i> | <p>Successful completion of a Canadian fetal health surveillance course, including:</p> <ul style="list-style-type: none"> • review of the fundamentals of antenatal and intrapartum fetal health surveillance; • review of the Society of Obstetricians and Gynecologists of Canada (SOGC) fetal health surveillance guidelines; and • completion of the National Fetal Health Surveillance Online Exam (minimum passing grade 80%) |
| <i>Approved Courses</i> | <ul style="list-style-type: none"> • Fundamentals of Fetal Health Surveillance- Self-Learning Online Manual and Online Exam (UBC CPD) • Fundamentals of Fetal Health Surveillance as offered by an accredited Canadian midwifery education Program or university • Fetal Health Surveillance Refresher course or workshop as provided by a hospital education program (including completion of the Fundamentals of Fetal Health Surveillance- Self- Learning Online Manual and Online Exam (UBC CPD)) |
| <i>Instructor Recertification Requirements</i> | <p>Where a midwife is an FHS instructor, the midwife will be considered to have met the requirement when evidence is provided of:</p> <ul style="list-style-type: none"> a) Current FHS instructor status; and b) Proof of teaching at least one in-person FHS workshop within the past twenty-four months. |

NRP Requirements

| | |
|---|--|
| <i>Completion Required</i> | Annually |
| <i>Approved Course(s)</i> | <p>Course which meets or exceeds the Canadian Paediatric Society's NRP levels 1-11 with skills required for a primary care provider and as applicable within the midwife's scope of practice. It is the registrant's responsibility to regularly review and practice all components of NRP skills including intubation to maintain competence.</p> |
| <i>Instructor Recertification Requirements:</i> | <p>Where a midwife is an NRP instructor, the midwife will be considered to have met the requirement when evidence is provided of:</p> <ul style="list-style-type: none"> a) Current NRP levels 1-11 instructor status; and b) Having taught at least one NRP levels 1-11 course in the previous twelve months |