

## POLICY ON CONTINUING COMPETENCIES

### POLICY

Midwives must successfully complete continuing competency courses approved by the College of Midwives of BC (CMBC) in Cardiopulmonary Resuscitation (CPR), Emergency Skills (ES), Fetal Health Surveillance (FHS) and Neonatal Resuscitation (NRP). Proof of current certification and/or completion in continuing competency courses must be submitted to CMBC at time of registration renewal for all general, temporary and/or conditional registrants. Non-practicing registrants must provide proof of currency in continuing competency courses before returning to general, temporary and/or conditional registration status.

CMBC's Quality Assurance Committee reviews and approves each course listed for the continuing competencies. Midwives who wish to complete courses that are not listed **must seek pre-approval** from CMBC to do so. Specific course and currency<sup>1</sup> requirements are defined in the tables below.

#### Cardiopulmonary Resuscitation Requirements

<i>Currency Requirement</i>	Current certification
<i>Minimum Required Standard:</i>	<p>Completion of an in-person course that complies with the guidelines of the Heart and Stroke Foundation of Canada and covers the following core areas for CPR and emergency cardiac care:</p> <ul style="list-style-type: none"> <li>• adult cardiopulmonary resuscitation;</li> <li>• pediatric cardiopulmonary resuscitation;</li> <li>• two-rescuer scenarios;</li> <li>• use of bag valve mask;</li> <li>• management of foreign-body airway obstruction; and</li> <li>• use of Automated External Defibrillator (AED).</li> </ul>
<i>Approved Courses:</i>	<ul style="list-style-type: none"> <li>• BLS Provider (Heart and Stroke Foundation of Canada)</li> <li>• BLS, First Aid/CPR BLS level for HCP or CPR BLS HCP (Canadian Red Cross or a Canadian Red Cross certified training provider)<sup>2</sup></li> <li>• BLS Provider (American Heart Association)</li> <li>• BLS HCP (St. John Ambulance)</li> <li>• BLS or CPR HCP (Lifesaving Society)</li> <li>• CPR HCP (St. Mark James Training- Vancouver First Aid and Victoria First Aid)</li> <li>• CPR-C HCP (Primary Response)</li> </ul>

<sup>1</sup> Currency requirements are defined differently during should an emergency situation be declared by the Registrar. For more information, please refer to sections on "emergency situations" at the end of this policy.

<sup>2</sup> Refer to this graphic for more information on choosing a Canadian Red Cross CPR course:  
[https://www.redcross.ca/crc/documents/Training-and-Certification/Course-Descriptions/CRC\\_Decision-Tree\\_EN.pdf](https://www.redcross.ca/crc/documents/Training-and-Certification/Course-Descriptions/CRC_Decision-Tree_EN.pdf)

<i>Instructor Recertification Requirements</i>	Where a midwife is a CPR instructor, the midwife will be considered to have met the requirement when evidence is provided of: <ul style="list-style-type: none"> <li>a) Current CPR instructor status; and</li> <li>b) Having taught at least one approved CPR course in the previous 12 months</li> </ul>
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### Emergency Skills Requirements

<i>Currency Requirement</i>	Course completion every two years.
<i>Minimum Required Standard:</i>	Successful completion of a course that covers emergency management in the following areas: <ul style="list-style-type: none"> <li>• postpartum haemorrhage;</li> <li>• shoulder dystocia;</li> <li>• cord prolapse;</li> <li>• undiagnosed breech;</li> <li>• undiagnosed twins; and</li> <li>• fetal well-being.</li> </ul>
<i>Approved Courses:</i>	<ul style="list-style-type: none"> <li>• Advances in Labour and Risk Management (ALARM) (Society of Obstetricians and Gynecologists of Canada)</li> <li>• Midwives Emergency Skills Program (MESP) (UBC CPD)</li> <li>• Emergency Skills Workshop (ESW) (Midwives Association of Ontario)</li> <li>• Emergency Skills for Midwives (Midwives Association of Manitoba)</li> <li>• Emergency Skills Workshop (ESW) (Association of Alberta Midwives)</li> <li>• Emergency Skills course as offered by the UBC Division of Midwifery, or a CMBC recognized Canadian Midwifery Education/Bridging Programme</li> <li>• Managing Obstetrical Risk Efficiently (MOREOB)<sup>3</sup> (Society of Obstetricians and Gynecologists of Canada)</li> </ul>
<i>Instructor Recertification Requirements:</i>	Where a midwife is a certified instructor in any of the above programs, the continuing competency requirement is met when evidence is provided of: <ul style="list-style-type: none"> <li>a) a current instructor certificate for one of the accepted courses; and</li> </ul>

<sup>3</sup> To qualify for emergency skills recertification, verification of currency through the MORE<sup>OB</sup> program is needed by providing a copy of your participant online Log Book Report detailing specific logged in **chapters and activities** for the previous two years in the six emergency areas noted above. Acceptable proof of successful completion will be recorded in the Log Book Report by a Core Team Member of MORE<sup>OB</sup> which may include; an ACE (Action to Consolidate Education) completed in the six emergency areas, a combined Workshop and ACE completed in the six emergency areas; or Emergency Drills in the six emergency areas. Please note that skills drills completed by the participant in the six emergency areas **must** be verified by a letter from a Core Team Member. A midwife who is a Core Team Member must provide separate verification from another Core Team Member that she has successfully completed the ACE in the six emergency areas.

	b) evidence of having instructed or examined in each of the six emergency areas outlined above in the previous 24 months.
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### Fetal Health Surveillance Requirements

<i>Currency Requirement</i>	Course, module or workshop completion every two years.
<i>Minimum Required Standard:</i>	Participation in a Canadian fetal health surveillance course, module or workshop that includes: <ul style="list-style-type: none"> <li>• a review of the fundamentals of antenatal and intrapartum fetal health surveillance;</li> <li>• completion of the National Fetal Health Surveillance Online Exam (minimum passing grade 80%).</li> </ul>
<i>Approved Courses/Modules/Workshops:</i>	<ul style="list-style-type: none"> <li>• UBC CPD's <b>Fundamentals of Fetal Health Surveillance Online Workbook and Exam</b> module (<a href="https://ubccpd.ca">https://ubccpd.ca</a>).</li> <li>• A <b>Fetal Health Surveillance Refresher/ Renewal course or workshop*</b> as provided by a hospital perinatal program or approved midwifery education program.</li> <li>• A <b>Fundamentals of Fetal Health Surveillance course</b> as provided by a hospital perinatal program or approved midwifery education program.</li> </ul>
<i>Instructor Recertification Requirements:</i>	Where a midwife is a FHS instructor, the midwife will be considered to have met the requirement when evidence is provided of: <ol style="list-style-type: none"> <li>a) Current FHS instructor status; and</li> <li>b) Proof of teaching at least one in-person FHS workshop within the past twenty-four months.</li> </ol>

\* Pre-requisite required: *Fundamentals of Fetal Health Surveillance*

### Neonatal Resuscitation Program Requirements

<i>Currency Requirement</i>	Annual certification
<i>Minimum Required Standard</i>	Completion of a course that meets or exceeds the Canadian Paediatric Society's National Guidelines and NRP levels 1-11, with skills required for a primary care provider and as applicable within the midwifery scope of practice.
<i>Approved Courses</i>	Any Canadian NRP course taught by a CPS-certified NRP instructor.
<i>Instructor Recertification Requirements:</i>	Where a midwife is an NRP instructor, the midwife will be considered to have met the requirement when evidence is provided of: <ol style="list-style-type: none"> <li>a) Current NRP levels 1-11 instructor status; and</li> <li>b) Having taught at least one NRP levels 1-11 course in the previous twelve months.</li> </ol>

## **Emergency Situations**

Should the CMBC Registrar declare an emergency situation as per Bylaw 53(1)(b), current registrants who can provide proof of having completed Cardiopulmonary Resuscitation (CPR), Emergency Skills (ES), Fetal Health Surveillance (FHS) and Neonatal Resuscitation (NRP) within the previous three (3) years are considered eligible for General, Temporary and Conditional registration. Upon resolution of the emergency situation, these registrants must meet regular course completion requirements as defined earlier in this policy within six (6) months of receiving notice that the emergency situation is no longer in effect, in order to retain their General, Temporary or Conditional status.

Non-practising registrants, former registrants or midwives from other regulated Canadian jurisdictions who have applied and been granted Temporary (emergency) registration, who wish to provide intrapartum care, must have completed CPR, NRP, FHS and NRP within the previous three (3) years in order to do so.